The Fleet & Family Support Center

Installation: Naval Air Station Pensacola
Address: 151 Ellyson Avenue, Bldg. 625
Phone: 850-452-4990
Email: FFSC-Pensacola@us.navy.mil

NASP FFSC WORKSHOP SCHEDULE FY27 (OCT 2026 – SEPT 2027)

Pre-registration is required for all workshops. To register for our workshops, please call 850-452-4990 or email FFSC-Pensacola@us.navy.mil. All workshops are FREE and open to all active duty, reserve, retired personnel and their family members.

EXCEPTIONAL FAMILY MEMBER PROGRAM (EFMP)

The Road Ahead (LMS class) Time: 10:00 AM	Dec 3	Mar 4	Jun 3	Sep 9
Command EFMP POC Training Time: 9:00 AM	Oct 28	Jan 27	Apr 28	Jul 28
Special Needs Guest Speaker Time: 11:00 AM or 5:00 PM	Mar 10		Sep 9	
Special Needs After Retirement Time: 10:00 AM	Oct 9 Jun 11	Dec 9 Aug 18	Feb 5	Apr 7

LIFE SKILLS EDUCATION PROGRAMS

Bored No More (Coping Skills) Time: 10:00 AM	Nov 18	Feb 10	May 12	Aug 11
Cultivating Healthy Relationships Time: 9:00 AM	Nov 16	Feb 22	May 17	Aug 16
Effective Communication Time: 11:00 AM	Dec 1	Mar 2	Jun 1	Sep 7
Finding Calm in Chaos Time: 11:00 AM	Dec 4	Mar 5	Jun 4	Sep 3
From Clash to Collaboration Time: 9:00 AM	Dec 9	Mar 10	Jun 9	Sep 8
Keeping Your Cool (2 parts) Time: 9:30 AM	Oct 6/13	Jan 5/12	Apr 6/13	Jul 6/13
Couples Communication Time: 9:30 AM	Oct 16	Jan 15	Apr 16	Jul 16
Studying Strategies for Success Time: 1:00 PM	Oct 26	Jan 25	Apr 26	Jul 26

Mind Body Mental Fitness (6 Modules) Time: 9:00 AM	**MOD 1** Oct 5 Apr 5	**MOD 2** Nov 2 May 3	**MOD 3** Dec 7 Jun 7	**MOD 4** Jan 4 Jul 12	**MOD 5** Feb 1 Aug 2	**MOD 6** Mar 1 Sep 13

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LIFE SKILLS EDUCATION PROGRAMS CONTINUED

Partners in Parenting Time: 1:00 PM	Oct 14	Jan 13	Apr 14	Jul 14
Tips for Blended Families Time: 9:00 AM	Oct 19	Jan 25	Apr 19	Jul 19
Under the Influence of Social Media Time: 10:00 AM	Nov 6	Feb 5	May 7	Aug 6
You Matter-Suicide Awareness and Prevention Time: 1:00 PM	Nov 2	Feb 1	May 3	Aug 2
Ombudsman Basic Training Time: 4:00 PM	Oct 26-29	Jan 25-28	Apr 26-29	Jul 26-29

PERSONAL FINANCIAL MANAGEMENT PROGRAMS

Million Dollar Sailor Time: 7:30 AM	Nov 2-3	Feb 8-9	May 10-11	Aug 9-10
Command Financial Specialist Time: 7:30 AM	Nov 4-6	Feb 10-12	May 12-14	Aug 11-13
Command Financial Specialist 1-Day Refresher Time: 7:30 AM	Oct 8	Mar 18	Jun 17	Sep 16
Banking and Financial Services Time: 2:00 PM		Jun 10		
Car Buying Time: 2:00 PM		Apr 8		
Consumer Awareness Time: 2:00 PM		Jul 15		
Credit Management Time: 2:00 PM		Jun 24		
Developing Your Spending Plan Time: 2:00 PM	Oct 1		Aug 5	
Financial Planning for Deployment Time: 2:30 PM		Sep 23		
Gambling Awareness Time: 2:30 PM		Oct 22		

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PERSONAL FINANCIAL MANAGEMENT PROGRAMS CONTINUED

Home Buying **Time: 2:30 PM**	**Jan 21**		**Mar 11**
How to Survive the Holidays Financially Time: 2:00 PM		Nov 19	
Marriage Planning Time: 2:00 PM		Dec 3	
Military Pay Issues Time: 2:30 PM		May 20	
Million Dollar Sailor Time: 7:30 AM	Oct 14-15		Apr 14-15
Money and the Move Time: 2:00 PM		Sep 9	
Paying For College Time: 2:00 PM		Aug 19	
Paying Off Your Student Loans Time: 2:30 PM		Jul 29	
Planning for your Retirement Time: 2:00 PM		Jan 7	
Raising Financially Fit Kids Time: 2:00 PM		May 6	
Renting Time: 2:00 PM		Feb 4	
Saving and Investing Time: 2:00 PM		Mar 25	
Vacation Planning Time: 2:00 PM		Dec 10	
TSP Time: 2:30 PM		Apr 22	
You Insurance Needs Time: 2:00 PM		Feb 18	

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RELOCATION ASSISTANCE PROGRAM

Navigating Your Move In & Out Time: 10:00 AM	Oct 28		Jan 27		Apr 28	Jul 28
Base Tour - NAS Pensacola Time: 1:00 PM	Oct 30		Jan 29		Apr 30	Jul 30
DEP-Pre-Deployment Time: 9:00 AM	Oct 1		Jan 7		Apr 1	Jul 1
DEP-Mid-Deployment Time: 9:00 AM	Nov 5		Feb 4		May 6	Aug 5
DEP-Post-Deployment Time: 9:00 AM	Dec 3		Mar 4		Jun 3	Sep 2
First Move Time: 2:00 PM	Oct 8 Apr 8	Nov 12 May 13	Dec 10 Jun 10	Jan 14 Jul 8	Feb 11 Aug 12	Mar 11 Sep 9
Command Sponsorship & Indoctrination Program Training Time: 9:00 AM	Oct 20		Jan 19		Apr 20	Jul 20

TRANSITION ASSISTANCE PROGRAM

3-day Core Workshop Time: 8:00 AM	Oct 5-7 Oct 19-21	Nov 16-18	Dec 7-9	Jan 11-13 Jan 25-27	Feb 1-3 Feb 22-24	Mar 1-3 Mar 15-17
	Apr 5-7 Apr 19-21	May 3-5 May 17-19	Jun 7-9 Jun 21-23	Jul 19-21 Jul 26-28	Aug 2-4 Aug 23-25	Sep 13-15 Sep 27-29
PreSep Counseling Time: 8:00 AM	Oct 8, 22	Nov 19	Dec 10	Jan 14, 28	Feb 4, 25	Mar 4, 18
	Apr 8, 22	May 6, 20	Jun 10, 24	Jul 22, 29	Aug 5, 26	Sep 16, 30
Capstone Workshop Time: 1:00 PM	Oct 8	Nov 19	Dec 10	Jan 14	Feb 4	Mar 4
	Apr 8	May 6	Jun 10	Jul 22	Aug 5	Sep 16
DOL "My Education" Time: 8:00 AM	Dec 2-3		Mar 24-25		Jun 2-3	Sep 1-2
DOL "My Employment" Time: 8:00 AM	Oct 26-27		Dec 14-15		Jan 4-5	Mar 8-9
	Apr 12-13		May 24-25		Jul 12-13	Aug 30-31
SBA "My Entrepreneurship" Time: 8:00 AM	Oct 28-29		Jan 19-20		Apr 26-27	Jul 7-8
Vocational Track Time: 8:00 AM	Nov 9-10		Mar 29-30		Jun 28-29	Sep 20-21

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TRANSITION ASSISTANCE PROGRAM CONTINUED

TRICARE Time: 8:00 AM	Oct 16	Jan 22	Apr 16	Jul 16
SBP Time: 10:00 AM	Oct 16	Jan 22	Apr 16	Jul 16
My Career Options - First Term Time: 8:00 AM	Mar 22-23			
My Career Options - Mid Career Time: 8:00 AM	Sep 8-9			

FAMILY EMPLOYMENT PROGRAMS

Ace Your Virtual Interview Time: 8:00 AM	Oct 15	Dec 17	Feb 18	Apr 15	Jun 17	Aug 19
Job Search Strategies Time: 10:00 AM	Oct 15	Dec 17	Feb 18	Apr 15	Jun 17	Aug 19
Effective Resume Writing Time: 10:00 AM	Nov 12	Jan 21	Mar 11	May 27	Jul 15	Sep 23
10 Steps to a Federal Job Time: 8:00 AM	Oct 14	Dec 16	Feb 17	Apr 28	Jun 16	Aug 18
Career Transition: Conquering Civilian Interviews Time: 8:00 AM	Nov 12	Jan 21	Mar 11	May 27	Jul 15	Sep 23