



December 2018

Volume 27 Number 12

# At Ease

Serving NAS Pensacola & NASP Corry Station

## Contact Us:

MWR General  
 Information

(850) 452-3806

450 Radford Blvd  
 Bldg. 4143

Monday - Friday  
 7:30am - 4pm

CLICK HERE TO TAKE  
 OUR SHORT SURVEY

WE WANT YOUR  
 FEEDBACK

[www.navymwrpensacola.com](http://www.navymwrpensacola.com)

Like Us On  
 Facebook

"MWR Pensacola"

DOWNLOAD  
 our app:

"Navy MWR Pensacola"



Available on the  
 App Store

GET IT ON  
 Google play

\*DUE TO INCLEMENT WEATHER, TOURNAMENT RESCHEDULED 12/15/18.

DECEMBER 15, 2018

## The Great Christmas Golf Classic

A.C. READ 27 HOLE GOLF TOURNAMENT

9 Holes - Scramble ♦ 9 Holes - Best Ball  
 9 Holes - Modified Alternate Shot

TEE TIMES: 7:00 - 9:00 AM ON EACH 9 HOLES  
 LIMITED TO FIRST 90 PAID TEAMS

**\$170 per team**

Fees include:

- ♦ Cart
- ♦ Gift Certificates
- ♦ Food & Beverages  
 Pastries, lunch, & a Christmas feast!

FOR MORE INFORMATION OR TO REGISTER CALL 850-452-2454

**FREE EVENT**

## Bring The Family & Enjoy Holiday Tree Lighting

**December 1 1500 - 1800**

Mustin Beach Club Bldg 253 Radford Blvd NASP  
 (Open to all hands)

### Santa Claus arrives by Fire Truck at 1530

Bounce Castles ~ Games ~ Crafts ~ Penguin Bowling ~ Face Painting  
 Hot Chocolate ~ Cookies ~ Free Books

~ Lighting Of The Christmas Tree ~  
 ~ At Dark ~

Sponsored By:

**cricket**  
 wireless

For more info call 850.452.3806

**MWR**  
 COMMUNITY RECREATION



## Why Does My Child Act Crazy And What Can I Do About It?



Parent Participation Event CYP Parents

**December 6, 2018**  
**5PM - 6PM**

Patricia Parker, LCSW, Child Counselor from  
Fleet & Family Support Center will be presenting.

Learn the skills to identify typical and atypical behaviors of children.  
Understand basic neuroscience concepts and brain development.  
Choose 1 to 2 parenting tips for immediate use with your child(ren).

Please make a reservation via *Corry Station*  
Youth Center at 850-453-3490.

When you register you have an opportunity to  
win **ONE FREE HOUR** for PARENTS NIGHT OUT!



# GEICO<sup>®</sup> MILITARY

Proudly serving the  
**Military since 1936.**

[Start Quote](#)

[https://www.geico.com/landingpage/go437/?utm\\_source=refuel&utm\\_medium=banner&utm\\_campaign=sitedirect](https://www.geico.com/landingpage/go437/?utm_source=refuel&utm_medium=banner&utm_campaign=sitedirect)

Sponsorship of this event does not imply endorsement  
by the Federal government of products or services



# HOMESCHOOL Scholar Program

*Together we can build strong confident kids*

**MWR**  
FITNESS

850-452-6004

f MWR PENSACOLA



**EVERY MONDAY!**

From: Nov 5 - Dec 10 (Holiday Break) Jan 14 - Apr 29

**P. E. CLASSES**  
**Family Fitness Center**  
**Corry Station**

*Teaching Fitness, Nutrition, Mind, Body & Regeneration  
for children of eligible MWR Homeschool families*



**9-10AM • AGES 6-10**

**10-11AM • AGES 10-15**



[www.NAVYMWRPENSACOLA.COM](http://www.NAVYMWRPENSACOLA.COM)



**MWR**  
FITNESS

**RADFORD FITNESS CENTER**

# ONESIE Fun Run

1.5 MILE RACE ALONG THE NASP SEAWALL  
NAVAL AIR STATION  
PENSACOLA, FL

HOT COCOA  
& COOKIES  
AT THE FINISH LINE!

**JAN 24th**  
1630

FUN FOR THE  
WHOLE FAMILY!

STARTS AT MUSTIN BEACH CLUB

WEAR YOUR  
FAVORITE  
ONESIE!



REGISTRATION NOT REQUIRED • 850-452-9845

Wenzel Fitness Center  
**New Year's  
Resolution Fitness**

January 2 - February 27 at 5PM  
(Mondays & Wednesdays)

Improve or maintain your current fitness level!



Class will focus on

**Total Body  
Strength  
Tone**

**Core  
Cardiovascular  
Conditioning**

For more information call 452-6198

**MWR**  
FITNESS

# NEW ORLEANS SAINTS TICKETS



## TICKETS ONLY \$75

**SAINTS vs STEELERS**  
SUN. DECEMBER 23RD  
KICKOFF AT 3:25 PM  
\*TIME SUBJECT TO CHANGE

NEW ORLEANS

**SAINTS vs PANTHERS**  
SUN. DECEMBER 30TH  
KICKOFF AT NOON  
\*TIME SUBJECT TO CHANGE

FOR MORE INFO CALL  
TICKETS & TRAVEL  
BLDG. 3787 CORRY STATION  
850-452-6354  
\*NO TRANSPORTATION PROVIDED

**MWR**  
COMMUNITY  
RECREATION



## NAS PENSACOLA LIBRARY

250 CHAMBERS AVE - BLDG 634

**SUNDAY**

**1400-1900**

**MONDAY - FRIDAY**

**0900-1700**

**SATURDAY**

**1200-1700**

CALL 452-3194  
FOR MORE INFO



# FAMILY FITNESS FAMILY DAY



850-452-6004

f MWR PENSACOLA

*Making fitness work as a family unit*

## Family Fitness Center Corry Station

Educating families about  
Fitness & Nutrition  
through family fun,  
activities, lectures &  
educational programming

1st -AND- 3rd<sup>\*</sup>  
**SATURDAYS**

**9am - Noon**

\*AS PARTICIPATION LASTS



WWW.NAVY**MWR**PENSACOLA.COM



Pool Closed  
Dec 16th - Jan 2nd

# POOL

## HOURS FOR DECEMBER

**\*\*CLOSED ON HOLIDAYS, WEDNESDAYS, AND FIRST WEEKEND OF EVERY MONTH\*\***

### Indoor Pool

#### LAP SWIM:

Mon., Tues., Thurs., & Fri.  
1630-1800

#### REC/LITE LAP:

Mon - Fri. 1900-2100 *Closed on Wed.*  
Sat & Sun 1200 - 1700

#### PNY - Varsity

Mon., Tues., Thurs., & Fri.  
1700-1900

#### PNY - Pensacola Navy Youth

Mon., Tues., Thurs., & Fri.  
1800-1900

#### MASTERS

Mon., Tues., Thurs., & Fri.  
1700-1800

#### WATER POLO

Mon. & Thurs. 1645-1745

#### SKILL PROFICIENCY

Mon. & Thurs. 1645-1745

#### FIN SWIM

Fri. 1900-2000

#### ZUMBA

Monday 1800-1845

#### AQUA AEROBICS

Thursday 1800-1845

#### 1 ON 1

Classes available 6 days week  
We teach all skill levels. Call the office  
for specifics. \$15 for a 30 minute class.



**December 15**  
**1000 - 1200**  
at the Indoor Pool



*The pool will be closed Dec 16th thru Jan 2nd.*

For more info call 452.9429 or 452-8293  
or go to [www.navymwrpensacola.com](http://www.navymwrpensacola.com)



## Full Moon Float

**December 21 ~ 1730 - 2030**

**Paddleboard races**  
**FREE drinks, hotdogs, s'mores!!!**

*Come paddle after dark....*

**Kayaks, Tandem Kayaks**  
**& Paddle boards**

For more info please call 850-452-4152



Disney Armed Forces Salute to Military

## DISNEY PARK HOPPER

**4 DAY HOPPER \$222.00**

**4 DAY HOPPER WITH WATER \$260.75**

**5 DAY HOPPER \$241.50**

**5 DAY HOPPER WITH WATER \$280.25**

**LIMITED TIME OFFER ON ROOM & TICKETS**

**EXPIRES DEC 19, 2018**

#### ELIGIBLE PATRONS

**ACTIVE DUTY DOD CIVILIANS**  
**RETIREES RETIRED DOD CIVILIANS**  
**FULL-TIME CONTRACT PERSONNEL**  
**& TECHNICAL REPRESENTATIVES**



CALL TICKETS & TRAVEL FOR MORE INFO 452-6354

[WWW.NAVYMWRPENSACOLA.COM](http://WWW.NAVYMWRPENSACOLA.COM)





**ALL AMERICAN FOOD®**

## Limited Time Offer

**NEW!**  
**SPICY BBQ Sides**  
**BACON RANCH**



**\$2.75**

**\$3.25**



**PORTSIDE TWIN Cinema**  
NAVAL AIR STATION PENSACOLA

Box Office Open Tuesday - Sunday ☎ 850-452-3523  
Movie Info (recording) ☎ 850-452-3522

**Affordable Admission Fees**

Adults: \$4 ~ 3D is \$5  
Children 6 - 11 yrs: \$2 ~ 3D is \$3  
Children 5 yrs & under: FREE

**Upcoming Movies:**

Indivisible Bohemian Rhapsody  
Johnny English Strikes Again  
Nobody's Fool Overlord  
The Nutcracker and Four Realms  
Dr. Seuss The Grinch  
Johnny English Strikes Again  
Fantastic Beasts Instant Family  
Stuck Windows Creed II  
The Girl in the Spider's Web:  
A New Dragon

**Eligible Patrons**  
Military, DoD, Contractors & Dependents



**PORTSIDE TWIN Cinema**  
NAVAL AIR STATION PENSACOLA

**FREE ADVANCED SCREENING**

Box Office Opens 9 AM ☎ 850-452-3523  
Movie Info (recording) ☎ 850-452-3522



**DECEMBER 15**  
**SHOWTIME - 5 PM**

**FIRST COME, FIRST SERVED**

Seats not filled 15 minutes before show time will be filled by standby. Cameras, cell phones, & recording devices prohibited.

GET YOUR **FREE** TICKET EARLY

**BUMBLEBEE**  
RATED PG-13



**PORTSIDE TWIN Cinema**  
NAVAL AIR STATION PENSACOLA

**FREE ADVANCED SCREENING**

Box Office Opens 9 AM ☎ 850-452-3523  
Movie Info (recording) ☎ 850-452-3522



**DECEMBER 16**  
**SHOWTIME - 4 PM**

**FIRST COME, FIRST SERVED**

Seats not filled 15 minutes before show time will be filled by standby. Cameras, cell phones, & recording devices prohibited.

GET YOUR **FREE** TICKET EARLY

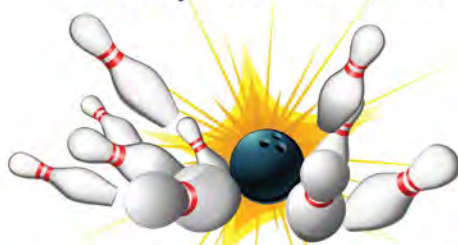
**AQUAMAN**  
RATED PG-13



**Improve Your  
Game!**

# Adult Bowling Sessions

Monday December 3, 10 & 17



**Approach**      **Targeting**  
**Timing**      **Spare shooting**

**2 Sessions an evening**  
**4 - 5PM & 5:15 - 6:15PM**  
**\$5 per person**

Reserve your spot at  
Corry Bowling Center  
**850-452-6380**



# National Cookie Day December 4th



**3 Cookies for \$1.00**  
**at the Corry Grill**

# Holiday Hours

Bowling Center & Corry Grill



Sunday	December 23rd	Close at 4:00PM
Monday	December 24th	<b>CLOSED</b>
Tuesday	December 25th	<b>CLOSED</b>
Monday	December 31st	3:30 - 9:30PM
Tuesday	January 1st	2:00 - 9:00PM

*MERRY  
Christmas*  
*Happy  
NEW  
Year*



# Ugly Christmas Sweater Special Cosmic

Corry Bowling Center

**Friday**  
**December 21**  
**7:00 - 9:30PM**



**\$12 per Person**  
**\$10 for Ugly Sweater Wearers**  
**\$5 for 6 & Under**  
**2 1/2 Hours, Shoes Included!**

**Call to Reserve**  
**850-452-6380**



# New Years Eve

**CORRY BOWLING CENTER**  
**COSMIC BOWLING**

**DECEMBER 31, 2018**  
**6:30 - 9:30PM**



**\$12 PER PERSON**  
**\$6 FOR 6 & UNDER**  
**MINIMUM 4 TO A LANE**

**RESERVE EARLY!**  
**CALL CORRY BOWLING CENTER**  
**850-452-6380**





## AUTORAMA RESALE LOT

NEX Mall Hwy. 98 ♦ 452-6542

***Sell your vehicle fast!***



Visit Corry Auto Skills to register your vehicle to sell at AutoRama Resale Lot!

## SHERMAN COVE MARINA

Thursday - Monday ♦ 8 am - 4 pm ♦ 452-2212

### BOAT RENTALS ~ 8 AM - 3 PM

22' PONTOON BOAT: \$28 / \$70 / \$140	<b>RENTAL INFORMATION</b> <b>HOURLY - 1 HR</b> <b>HALF DAY - 3 HRS</b> <b>FULL DAY - 6 HRS</b>
25' PONTOON BOAT: \$30 / \$75 / \$150	
17' BOSTON WHALER SKIFF: \$15 / \$40	
17' CAPE HORN: \$30 / \$75 / \$150	
21' EDGE WATERS: \$35 / \$90 / \$150	

***Fuel Dock closes at 3:30 pm***

## BAYOU GRANDE MARINA

Thursday - Monday ♦ 8 am - 4 pm ♦ 452-4152

### SATURDAY SAILING CLASSES



Upon successful completion, students will receive United States Naval Sailing Association certification, recognized throughout the Navy and Marine Corp.

**Friday - Sunday 10 am - 3 pm**

**Beginner Mate A**

**Intermediate Skipper B**

Call 850-452-4152 to schedule your sailing class!

### BGM BOAT & BOARD RENTAL

14' SUNFISH: \$7.00 HR. / \$35.00 DAY
14' LASER: \$7.50 HR. / \$38.00 DAY
18' HUNTER: \$8.50 HR. / \$43.00 DAY
19' FLYING SCOT: \$9.00 HR. / \$45.00 DAY
22' CATALINA: \$19.00 HR. / \$100.00 DAY
CANOE AND KAYAKS: \$6.00 HR. / \$30.00 DAY
PADDLEBOARDS: \$6.00 HR. / \$30.00 DAY



## AUTO SKILLS CENTER

NASP Corry Station, Bldg. 1006 ♦ 452-6542

***Do vehicle repairs yourself!***

- ★ 10 Covered Stalls
- ★ 3 Frame Lifts
- ★ 2 Car Wash Bays
- ★ 3 Overhaul Bays
- ★ 5 Drive-on Lifts
- ★ Thousands of tools



***Our lifts will accommodate motorcycles, ATV's, Gators, Golf Carts, & Lawnmowers.***



**Lift Rates:**  
**\$6.50/hr & \$35/day**

### Hours of Operation

Tues - Sat ..... 11 am - 7 pm

Sun, Mon, & Holidays..... Closed



**Every Friday in December**  
**Wenzel Fitness Center @ 1600**

This event will be held as "open play" for participants to select their own team for participation

For more information, please call  
**850-452-6198**





## NAS PENSACOLA CAPTAIN'S CUP

### PAINTBALL TOURNAMENT

Saturday December 8, 2018



5 Player  
Teams

Check in:  
0800

**Blue Angel Park Paintball Fields**

(MWR provided equipment only)  
**Deadline to Enter: November 30, 2018**

Eligible Patrons: Active Duty & Their Spouses, Ready Reservists,  
DOD & Permanent Contracted Personnel of NAS Pensacola

For More Information, Contact your Command Sports  
Representative or call the NAS Pensacola Sports Office:

**850-452-4391/4392**



## NAS PENSACOLA CAPTAIN'S CUP

### VOLLEYBALL TOURNAMENT

December 3, 2018



**Radford Fitness Center Bldg. 4143**

**Deadline to Enter: November 16, 2018**

Eligible Patrons: Active Duty & Their Spouses, Ready Reservists,  
DOD & Permanent Contracted Personnel of NAS Pensacola

For More Information, Contact Your Command Sports  
Representative or Call the NAS Pensacola Sports Office:

**850-452-4391/4392**



## NASP CORRY STATION CAPTAIN'S CUP

### VOLLEYBALL TOURNAMENT

December 3-20,  
2018

6 -vs- 6



**NASP CORRY STATION WENZEL GYM BLDG 3711**

**Deadline to Enter: November 20, 2018 @ 1100**  
**Coaches Meeting: November 20, 2018 @ 1100**

**MWR Sports Office Bldg. 3738**

Eligible Patrons: Active Duty & Their Spouses, Ready Reservists,  
DOD & Permanent Contracted Personnel of NASP Corry Station

For More Information, Contact your Command Sports  
Representative or call the NASP Corry Station Sports Office:

**850-452-6520**



## NASP CORRY STATION CAPTAIN'S CUP

### DOUBLES RACQUETBALL TOURNAMENT

December 4-18, 2018



2-Person  
Teams

**NASP CORRY STATION WENZEL GYM BLDG 3711**

**Deadline to Enter: November 28, 2018 @ 1100**  
**Coaches Meeting: November 28, 2018 @ 1100**

**MWR Sports Office Bldg. 3738**

Eligible Patrons: Active Duty & Their Spouses, Ready Reservists,  
DOD & Permanent Contracted Personnel of NASP Corry Station

For More Information, Contact your Command Sports  
Representative or call the NASP Corry Station Sports Office:

**850-452-6520**



## Corry Group Fitness Schedule December 2018

MONDAY			WEDNESDAY		
730	Balance 30 - Lu	Wellness	900	Step Out - Lisa	Wellness
900	Spinning - Bob	Wellness	900	Spinning - Bob	Wellness
915-945	Balance 30 - Lu	Wellness	1000	Pump Cycle - Dennexx	Family Fitness
1100-1300	Strength Training - Tim	Wellness	1100-1300	Strength Training - Tim	Wellness
1115	Spinning - Lisa	Wellness	1115	Spinning - OT	Wellness
1130	Cardio & Ab Sculpt-Leon	Wenzel	1130	Operation Circuit Madness - Leon	Wenzel
1230-100	Step Out - Lisa	Wellness	1230-100	Step Out - Lisa	Wellness
1400-1700	Strength Training - Tim	Wellness	1400-1700	Strength Training - Tim	Wellness
1630	Spinning - Lena	Wellness	1630	Spinning - Lena	Wellness
1600	Box Mania	Family Fitness	1630	Toddlercize	Family Fitness
			1700	Kids Power Hour - Dennexx/Jessica	Family Fitness

TUESDAY		
600	Spinning - Bob	Wellness
900	Boxing w/a Twist - Dennexx	Family Fitness
1000	Veterans Thai Chi	Family Fitness
1100-1300	Strength Training - Tim	Wellness
1400-1700	Strength Training - Tim	Wellness
1645	Line Dancing -Dennexx/Shapree	Family Fitness

THURSDAY		
600	Spinning - OT	Wellness
730	Balance 30 - Lu	Wellness
900	Toddlercize	Family Fitness
1000	Spin Crazy - Dennexx	Family Fitness
1100-1300	Strength Training - Tim	Wellness
1400	Strength & Core	Family Fitness
1400-1700	Strength Training - Tim	Wellness
1700	Cycling - Dennexx	Family Fitness

FRIDAY		
900-1200	Strength Training - Tim	Wellness
900	Line Dancing -Dennexx/Shapree	Family Fitness
900	Spinning - Bob	Wellness
915-945	Balance 30 - Lu	Wellness
1000	Veterans Thai Chi	Family Fitness
1300-1600	Strength Training - Tim	Wellness

### WENZEL - 850.452.6198

Corry Station Bldg. 3711

Mon: 0500-2000, Tues-Thurs: 0100-2000

Fri: 0100-1800

Weekends & Holidays: 0800-1800

### WELLNESS - 850.452.6802

Corry Station Bldg. 3712

Mon - Thurs: 0500-1800, Fri: 0500-1600

Weekends & Holidays: Closed

### FAMILY FITNESS - 850.452.6004

Corry Station Bldg. 3712

Mon - Fri: 0800-1800

Sat, Sun & Holidays: Closed

### AQUATICS - 850.452.6317

Call for hours of operation

Corry Station Pool Bldg. 3735



## Jan. 2 - Feb 27

## Monday & Wednesday

## 5pm at Wenzel Gym

*Class will focus on toning, total body strength,  
core and cardiovascular conditioning.*



## NASP GROUP FITNESS SCHEDULE DECEMBER 2018

MONDAY			TUESDAY		
0900-1000	Fitness Class	Radford	0900-1000	Fitness Class	Radford
1115-1200	Fitness Class	Radford	1000-1200	TTCT - Chris	Portside
1130	Outside the Box - Shiela	Portside	1115-1200	Fitness Class	Radford
1230	Outside the Box - Shiela	Portside	1630-1700	Functional Fit NOFFS Zone	Portside
1630	Outside the Box - Shiela	Portside	1700-1730	Functional Fit NOFFS Zone	Portside
1630-1800	Lap Swim	Indoor Pool	1630-1800	Lap Swim	Indoor Pool
1645-1745	Water Polo	Indoor Pool	1700-1800	Master's Swim	Indoor Pool
1700-1800	Master's Swim	Indoor Pool	1730	Foam Roll & Stretch - Shiela	Portside
1730	Foam Roll & Stretch - Shiela	Portside	1800-1845	Shallow H2O Aerobics	Indoor Pool
1800-1845	Aqua Zumba	Indoor Pool	1700-1745	Fitness Class	Radford
1800-1845	Fitness Class	Radford	1800-1845	Fitness Class Dec 4 & 18	Radford
WEDNESDAY			THURSDAY		
0900-1000	Fitness Class	Radford	0900-1000	Fitness Class	Radford
1115 - 1200	Fitness Class	Radford	1000-1200	TTCT	Portside
1130-1200	Super Circuit - Shiela	Portside	1115-1200	Fitness Class	Radford
1200-1230	Super Circuit - Shiela	Portside	1630-1800	Lap Swim	Indoor Pool
1630	Fitness Class	Radford	1630-1700	Functional Fit NOFFS Zone	Portside
1630	Super Circuit - Shiela	Portside	1645-1745	Water Polo	Indoor Pool
1730	Foam Roll & Stretch - Shiela	Portside	1700-1730	Functional Fit NOFFS Zone	Portside
			1700-1745	Fitness Class	Radford
			1700-1800	Master's Swim	Indoor Pool
			1730	Foam Roll & Stretch - Shiela	Portside
			1800-1845	Aqua Zumba	Indoor Pool
FRIDAY			SATURDAY		
0915-1015	Fitness Class	Radford	0900-1000	Fitness Class	Radford
1115-1230	Fitness Class	Radford			
1630-1800	Lap Swim	Indoor Pool			
1630	Fast Fridays - Shiela	Portside			
1700-1800	Master's Swim	Indoor Pool			
1800-1845	Deep H2O Aerobics	Indoor Pool			

**RADFORD - 850.452.9845**

Bldg. 4143

Mon - Thur: 0500-2100, Fri: 0500-1800

Sat: 0700-1800, Sun & Holidays: CLOSED

**PORTSIDE - 850.452.7810**

Bldg. 606

Mon - Thurs: 0500-2000, Fri: 0500-1800

Weekends & Hols: 0800-1800

**AQUATICS - 850.452.9429**

Call for hours of operation

Indoor Pool Bldg. 3828

Mustin Pool Bldg. 3201

**850.452.8293**



**December 15**

**1000 - 1200  
at the Indoor Pool**