

The Beacon



Happy Holidays

From Our Family

to Yours!

FLEET AND FAMILY SUPPORT CENTER NAS PENSACOLA



(850) 452-5990



naspffsc@navy.mil



facebook.com/FFSCPensacola



December 2020 Virtual Classes

Employment/Transition Assistance:

Capstone

By Appointment Only

This one-on-one helps measure a service member's readiness for transition from military to civilian career.

Family Employment Readiness Program Brief

Every Tuesday from 1 p.m. to 2:30 p.m.

This weekly brief is for spouses and family members seeking information about jobs, education and volunteer opportunities.

Fundamentals of Civilian Resume Writing

December 17 from 10 a.m. to 11 a.m.

Review the basic types of resumes, discuss which types are appropriate for different job seekers, and what information should be included.

Navigating the Federal Resume System

December 10 from 1 p.m. to 2 p.m.

Learn the process of obtaining federal employment by using USAJobs.gov. Topics include eligibility, preferences, and qualifications as well as overall process and requirements.

Survivor Benefit Plan

December 4 from 10 a.m. to 11:30 a.m.

Learn about the SBP plan, which allows a surviving spouse to continue receiving a substantial income source in the event of the death of a military retiree.

TRICARE

December 4 from 8 a.m. to 10 a.m.

Attend this workshop so that you and your family can learn more about your Tricare benefits.

Life Skills Classes:

Anger Management

December 8 & 15 from 1 p.m. to 3 p.m.

Learn the differences between anger, assertiveness, stress, and aggression.

New Spouse Newcomer Orientation

December 15 from 2 p.m. to 3 p.m.

Learn what is available to you at your new home base of NAS Pensacola.

Smooth Move

December 8 from 2 p.m. to 3 p.m.

Are you about to PCS? Learn how to apply for a travel allowance and get helpful hints on shipping and storage.

Sponsor Training

December 7 & 14 from 9 a.m. to 10 a.m.

Sponsors are prepared to provide reliable information to incoming personnel and their families

Stress Management

December 3, 10 & 17 from 9 a.m. to 10 a.m.

Stress can damage your physical and mental health. Learn how to recognize and manage stress.

Personal Financial Management:

Paying Off Student Loans

December 3 from 2 p.m. to 3 p.m.

This class is intended to provide awareness of student loan debt management strategies so that learners can improve their current financial situations.

Renting

December 17 from 2 p.m. to 3 p.m.

Attendees will increase their knowledge of renting whether they are a first-time renter or a repeat renter.



The holidays can be a stressful time, even more so while being socially isolated. If you or someone you know is contemplating suicide please contact Fleet and Family Support Center for assistance and support at (850) 452-5990 or call the National Suicide Prevention Lifeline at 800-273-8255

December 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January 2021 Virtual Classes

Employment/Transition Assistance:

Capstone

By Appointment Only

This one-on-one helps measure a service member's readiness for transition from military to civilian career.

Family Employment Readiness Program Brief

Every Tuesday from 1 p.m. to 2:30 p.m.

This weekly brief is for spouses and family members seeking information about jobs, education and volunteer opportunities.

Fundamentals of Civilian Resume Writing

January 14 from 10 a.m. to 11 a.m.

Review the basic types of resumes, discuss which types are appropriate for different job seekers, and what information should be included.

Navigating the Federal Resume System

January 7 from 1 p.m. to 2 p.m.

Learn the process of obtaining federal employment by using USAJobs.gov. Topics include eligibility, preferences, and qualifications as well as overall process and requirements.

Interviewing: Your Best First Impressions

January 21 from 1 p.m. to 2 p.m.

Attendees will learn tips and tricks on how to make their best first impression before, during and after their interview.

Survivor Benefit Plan

January 22 from 10 a.m. to 11:30 a.m.

Learn about the SBP plan, which allows a surviving spouse to continue receiving a substantial income source in the event of the death of a military retiree.

TRICARE

January 22 from 8 a.m. to 10 a.m.

Attend this workshop so that you and your family can learn more about your Tricare benefits.

Life Skills Classes:

Anger Management

January 12 & 19 from 9 a.m. to 11 a.m.

Learn the differences between anger, assertiveness, stress, and aggression.

New Spouse Newcomer Orientation

January 19 from 2 p.m. to 3 p.m.

Learn what is available to you at your new home base of NAS Pensacola.

Parenting Tips for Blended Families

January 8 & 22 from 11 a.m. to 12 p.m.

Blending two families can be overwhelming. Join us to discuss the challenges and joys.

Smooth Move

January 12 from 2 p.m. to 3 p.m.

Are you about to PCS? Learn how to apply for a travel allowance and get helpful hints on shipping and storage.

Sponsor Training

January 4, 11, & 25 from 8 a.m. to 9 a.m.

Sponsors are prepared to provide reliable information to incoming personnel and their families

Stress Management

January 7, 14, 21, & 28 from 9 a.m. to 10 a.m.

Stress can damage your physical and mental health. Learn how to recognize and manage stress.

Personal Financial Management:

Banking & Financial Services

January 14 from 2 p.m. to 3 p.m.

This class is intended to provide young service members and family members with an understanding of personal banking and financial services.

Credit Management

January 28 from 2 p.m. to 3 p.m.

This class is intended to help learners establish and maintain good credit and avoid excessive debt.

Tips on Holiday Savings

1. Set a budget
2. Make a shopping list
3. Pay cash
4. Be cautious with credit cards
5. Avoid last-minute shopping
6. Take advantage of special sale days

January 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

Note: All classes will be offered virtually. To register for a class, call (850) 452-5990.

Local FFSC locations to serve your needs:



Main Office

(850) 452-5990

Fleet and Family Support Center
NAS Pensacola
151 Ellyson Avenue, Building 625
Pensacola, FL 32508



Transition Assistance Office

(850) 452-3473

Fleet and Family Support Center
NAS Pensacola
280 Farrar Road, Building 741
Pensacola, FL 32508



FFSC Corry Station Office

(850) 452-6131

Fleet and Family Support Center
Corry Station
Kidder Hall BLDG 511, RM 201A
Pensacola, FL 32511

Fleet and Family Support Center NAS Pensacola has resumed in-person services at Building 625. Office hours are 0730 - 1600. Services remain available by phone, email, and online as well. The computer lab at Building 625 remains closed at this time. Please call (850) 452-5990 for more information.

Holidays and Observances in December



Pearl Harbor
Remembrance
December 7



U.S. National Guard
Birthday
December 13



Hanukkah
December 10-18



Christmas Day
December 25



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MEETING YOUR NEEDS AT HOME AND AT SEA