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MWR Pensacola

GO MOBILE!
"navylifepensacola"



www.navymwrpensacola.com

MWR General Information: 850-452-3806



A Day Of FREE Family Fun!

Saturday ♦ February 11

11am - 3 pm ♦ Old Hospital Grounds

~Across From Mustin Beach Club On Radford Blvd~

Downhill Snow Sledding

Ice Fishing ♦ Penguin Bowling

Spider Mountain ♦ Prizes ♦ Games ♦ More!

~ Call 850-452-3806 for info ~

Brought To You By:



SPONSORSHIP OF THIS EVENT DOES NOT IMPLY ENDORSEMENT
BY THE FEDERAL GOVERNMENT OF PRODUCTS OR SERVICES.



TRAVEL EXPO

Browse Through A Large Variety
of Travel & Recreation Destinations
From Across The Southeast

February 23 ♦ 10 am - 1 pm

Mustin Beach Club

NAS Pensacola, Florida

Visit The Booths And Register
For An Opportunity To Win
GREAT Door Prizes!

Hundreds Of Dollars Worth Of
Great Prizes!

Hosted By MWR Tickets & Travel

Located Across From NEX Mall, Hwy 98 ♦ 850-452-6354

Monday - Friday, 9 am - 5 pm, Saturday, 10 am - 1 pm

FREE ADMISSION!

CALL 850-452-6362



JANUARY FREEZE

Polar Plunge, Hot Chocolate, Music & Fun!

Sunday, January 8 ♦ 9 am ♦ Barrancas Beach NAS Pensacola

Bring Warm Clothes, Towels, Blankets Or Whatever You Need To Keep Warm!!

Eligible Patrons: Active Duty & Their Spouses, Reservists, DOD & Contracted Personnel of NASP and Their Family Members

Aquatics Program ♦ Bldg 3201 ♦ 850-452-9429



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Auto Skills Center

Tuesday - Saturday ♦ 11 am - 7 pm ♦ 850-452-6542
NASP Corry, Building 1006

Do Vehicle Repair Yourself At Corry Auto Skills!

- ★ 10 Covered Stalls
- ★ 3 Overhaul Bays
- ★ 3 Frame Lifts
- ★ 5 Drive-on Lifts
- ★ 2 Car Wash Bays
- ★ Thousands Of Tools

We Also Have Knowledgeable Assistants!

We Also Have Motorcycle & ATV Lifts



**Our Lifts Will
Accommodate
Motorcycles,
ATV's, Gators
Golf Carts, &
Lawnmowers**

**Lift Rates:
\$6/ Hour \$30/Day**

Hours of Operation

Tuesday - Friday 11 am - 7 pm
Saturday 11 am - 7 pm
Sunday, Monday & Holidays Closed



1645 - 1745 🏊 Indoor Pool Bldg 3828

Mondays 🏊 Practice and Coaching

Thursdays 🏊 Pick-Up Games

Bring a team or join a team at the pool!

Normal aquatic fees apply



- January 6th 1800-2200 Friday **Arts & Crafts**
"Crafts & Games" 🎨
- January 14th 0900-1400 Saturday
Dreamland "Dreamland Skating Center" *8 yrs - up only
Skate Center ☆\$8.00 per child & money for lunch☆
- January 20th 1800-2200 Friday
"4-H Cooking Class"
"Spaghetti & Meatballs" 🍝
- January 27th 1800-2200 Friday
"Corry Bowling Center"
\$10 per child/includes bowling/lunch
wear socks☆ 🎳



GROUP EXERCISE EXTRAVAGANZA

Over 20 Classes
In 3 Hours!



Saturday, January 21 ♦ 8 - 11 am
Radford Fitness Center ♦ Building 4143

**Sample The Classes!
Meet The Instructors!**

Open To All Eligible MWR Patrons.
Call 850-452-9845 For Information.

Wibit Inflatable Water Slide **TOWER OF POWER** January 21 & 22, 2017

Indoor Pool, Building 3828

Saturday: Noon - 5pm

Sunday: Noon - 2 pm



**Normal
Aquatic
Fees Apply**

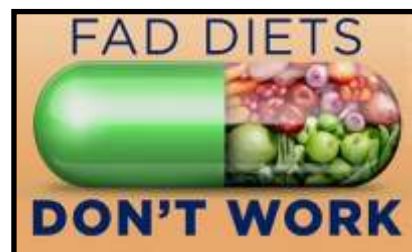


Climb The Inflatable Mountain At The Indoor Pool!
Enjoy Water Basketball & Rolling Logs Too!

Call 850-452-9429 For Information.

RID THE WORLD OF FAD DIETS DAY

Tuesday, January 17
Radford Fitness Center
Building 4143



These Diets REALLY Effect Your Body!
Learn About Fad Diets All Day At
The Radford Center! Trainers Available All Day!
Open To All Eligible MWR Patrons.
Call 850-452-9845 For Information.



January 19 ♦ 5 - 6 pm
NASP Indoor Pool ♦ Building 3828



6-9 year olds swim 50 yards & run 2 laps around the track.
10 - 12 year olds swim 100 yards & run 4 laps around the track.
13-17 year olds swim 200 yards & run 6 laps around the track.
18 & older swim 300 yards & run 8 laps around the track.

Open To All Ages.
Award Certificates Will Be Given Upon Completion.

Call 850-452-9429 For Information.

AutoRama Resale Lot

NEX Mall Hwy. 98 ♦ 850-452-6542



Visit Corry Auto Skills
to register your vehicle to sell
at AutoRama Resale Lot

Wenzel Gym & Fitness Center

NASP Corry Station ♦ 850-452-6198

Incentive Challenge To Promote
Healthy Living for the New Year

Fitness Class New Year's Challenge

NEW YEAR NEW YOU TRANSFORMATION

A Fun Jump Start Incentive
To Get Back On Track
In Your Fitness Routine
By Attending At Least
3 Fitness Classes Per Week
In January & February!

Participate At Any
MWR Fitness Facility!

Starts Monday, January 2
Open To All Authorized MWR Patrons



A.C. READ GOLF COURSE
Open Daily

**NEW
SPORT!**

Foot Golf Fees:

\$9 - Military
\$10 - DOD
\$10 - All Guest
\$5 - Juniors

(age 17 & under)

Cart Fees:

\$10 - Adults
\$7 - Juniors



Try a round of Footgolf
at A.C. Read Golf Club
Call 452-2454 for more info

Wenzel Gym & Fitness Center

NASP Corry Station ♦ 850-452-6198

Get Lean 2017

A New Evening Class
Designed For
People On The Go
At A More Convenient Time!

Begins Monday, January 2
Open To All Authorized MWR Patrons

Aquatics Program

NAS Pensacola ♦ 850-452-9429

January

Programs & Dates To Remember

- 1/3 - Pool re-opens after holiday stand down
- 1/3 - Four State Crawfish Crawl thru May
- 1/6-31 - Group Swim Lessons
Each Tuesday & Friday in January
Beginners @ 4:45pm
Intermediate @ 3:20pm
- 1/8 - Polar Bear Plunge @ Mustin Pool
- 1/19 - Splash N Dash @ Indoor Pool
- 1/1-22 - Wibit @ Indoor Pool
- 1/26 - Water Polo Tournaments
every Thursday for 6 weeks

Masters - M/T/R/F

PNY - M/T/R/F

Active Duty Skill Swim - T/R

Water Polo - Practices Mon

Games Thurs starting 1/26

Goslings - T/F

Aqua Aerobics - T/R

Deep Water Running - F

Lifeguard Prep Classes - M



2017 BASKETBALL REGISTRATION



January 3 thru January 20 at Corry Youth Center,
Bldg. 4118
Mon-Fri 0900-1700
Sports fee: \$50
Fee includes Jersey and trophy

Open to all dependents of active duty or retired military, DOD employees, contractors and reservists ages 4-14

Mandatory Skills Evaluation Monday
January 21st at NAS Youth Center
Ages 4-5 at 1030
Ages 6-8 at 1130
Ages 9-14 at 1230
Parents must complete annual
Parent Association for Youth Sports
(PAYS) training prior to registering.
Log onto www.nays.org/parents to
complete training. 2 emergency
contacts (non parent) are required
on registration.



For more information call
850-453-3490 or 293-0547
Coaches & Assistants are always needed.



Coaches Information

Stop by the Corry Youth Center and fill out a
Coaching Application
January 3 thru January 20, 0800 – 1730 Mon-Fri

We will provide all required training
Complete requirements for the National Alliance for Youth
Sports NAYS certification for specific sport.

- Maintain a current Child/infant CPR and First Aid training (we will provide if needed)
- Coaches are required to receive training and orientation to cover the following: Child Abuse Prevention and Reporting, Developmentally appropriate practices, Guidance and touch policies, Health and safety, Inclusion, and The role of the volunteer.
- Annual training that includes local emergency, fire safety, and evacuation procedures.
- Express value of Sportsmanship.
- Be able to provide five personal references(required).
- Background checks



MARTIN
LUTHER
KING
2017

Jan. 11th • 3:15 pm

AMERICAN HISTORY STORY HOUR

NAS Library Bldg. 634

Join us for:
Story Time ★ Games ★ Crafts



★ For more info call 452-4362 ★